

Seasoned Onions, Peppers and Mushrooms

The following recipe was provided by Barrington Illinois resident Lori Young and was originally published at 365Barrington.com.

Ingredients

- 2 cups of baby bella mushrooms
- 1 red pepper
- 1 green pepper
- ½ white onion
- 1 tsp. of cumin
- 1 tsp. on garlic powder
- 2 Tbsp. of chili powder
- 2 tsp. of salt
- 2 tsp. of pepper

Instructions

1. Chop onion, red and green peppers and mushrooms and add to a bowl,
2. Add cumin, garlic powder, chili powder, salt and pepper. Toss to combine.
3. Add a small amount of cooking to oil to pan and place over medium-high heat. Add seasoned vegetables to the pan and cook for 8-10 minutes.

Note: If you have a taco seasoning packet on hand, you can substitute 1/2 of the packet for the spices listed above.