

Aloe Vera Summer Refresher

This recipe was provided by Heinen's Wellness Consultant, Andrea.

Serves 2

Ingredients

- 1 12 oz. can of Heinen's coconut water
- 1/4 cup chopped cucumber
- 4-5 chunks of fresh cut watermelon (*sub for fresh or frozen pineapple*)
- Juice of 1/2 lime
- 1-2 small leaves of fresh basil
- 1 oz. Lily of the Valley Aloe Vera Juice

Instructions

1. Add all ingredients to a blender.
2. Blend until smooth.