

No Bake Cherry Crisp

Ingredients for Crisp:

- 1/2 cup oats
- 1/2 cup flour
- 1 tbsp oil
- 1/4 tsp salt
- 1/4 tsp cinnamon
- 2 tbsp coconut sugar
- 2 tbsp maple syrup

Ingredients for Berry Mixture:

- 4 cup cherry and blueberry mixture
- 1 tbsp corn starch
- 2 tbsp maple syrup
- 1 tbsp lemon juice
- 3 tbsp water
- 1/2 tsp vanilla
- A pinch of salt



Directions:

1. Over medium heat, toast oats in a pan for 2 minutes
2. Add flour and toast for 2 minutes
3. Add oil and spices and mix over heat for half a minute
4. Take off heat and add maple syrup while mixture is still warm. Transfer to a separate bowl.
5. Mix together all the ingredients for the berry mixture and heat partially covered over medium heat for 9 minutes
6. Take off heat and serve