

Bento Box Meal Solutions

The recipes and photography for this post were provided by local blogger, Sally Roeckell of [365 Barrington](#).

For the Meat-Eater:

- Kielbasa, quickly grilled
- Fresh Pineapple
- Sugar Snap Peas
- Fresh Barley Lime Fiesta Salad from the Salad Bar
- Cheese Quesadilla



For the Gluten Free:

- Fresh Strawberries
- Cheese
- Mary's Gone Seed Crackers (we love them)
- Sliced Bell Peppers



For the Vegan:

- Assorted Berries
- Tart Cherry Figgy Pops
- Edamame
- Dates with Fresh Ground Peanut Butter
- Asian Wrap filled with Peppers, Cucumber, Carrots, Red Cabbage, Spinach and Hummus


