

## Hemp Oil Salad Dressing

*This post and photography are courtesy of Nic Abraham. For more wellness tips, visit [her website](#).*

### Ingredients:

- 1/4 cup Hemp oil
- 1/4 cup white wine vinegar
- 4 cloves garlic chopped or minced
- 1/8 tsp pepper

### Instructions:

1. Combine all ingredients until well mixed.
2. Set aside for one hour to allow for increased flavor.
3. Drizzle over salad or vegetables.
4. Enjoy!

