

Clementine Pineapple Power Smoothie

The following recipe was provided courtesy of our friends at [Sun Pacific](#).

Prep Time: 5 minutes

Cook Time: 0 minutes

Serves 1

Ingredients

- ¼ cup clementine juice (1-2 clementines)
- ⅓ cup non-fat Greek yogurt
- ¾ cup frozen pineapple chunks
- ½ fresh banana
- 1 scoop plant-based protein powder
- 1 teaspoon hemp seed
- clementine segments for garnish (optional)

Instructions

1. Place all ingredients, except hemp seed, in a blender. Blend until smooth.
2. Pour the smoothie into a glass and top with hemp seed. Garnish with clementine segments, if desired.

