

Spring Greens and Berry Pear Layered Smoothie

The following recipe and photography were provided courtesy of our friends at [USA Pears](#).

Makes 2 smoothies

Ingredients

For the Green Layer

- 1 very ripe or overripe USA Green Barlett, Anjou, or Comice Pear, cored and chopped
- 1/2 cup blueberry kefir
- 1 cup packed baby spinach leaves
- 1/4 cup loosely-packed fresh basil leaves
- Juice of 1/2 Meyer or regular lemon
- 1/2 cup ice

For the Purple Layer

- 1 very ripe or slightly overripe USA Red Bartlett or Anjou Pear
- 1/2 cup blueberry kefir
- 1 cup purple spring berries, such as blackberries and blueberries
- Juice of 1/2 Meyer or regular lemon
- 1 Tbsp. chia seeds
- 1/2 cup ice



Instructions

1. *To make the green layer:* Add the ingredients to a high-powered blender in the order they appear and process until smooth. Pour the smoothie into a pitcher or jar, and set aside.
2. *To make the purple layer:* Add the ingredients to the blender in the order they appear and process until smooth.
3. *To assemble:* Divide the purple smoothie among glasses. With a spoon resting on the surface of the purple layer, slowly pour the green layer onto the spoon to begin filling the glass. (The spoon will allow the green layer to remain separate from the purple layer.) Continue to pour all of the green smoothie, dividing it evenly. Serve immediately.